

Laryngectomy: the 'Red algorithm'

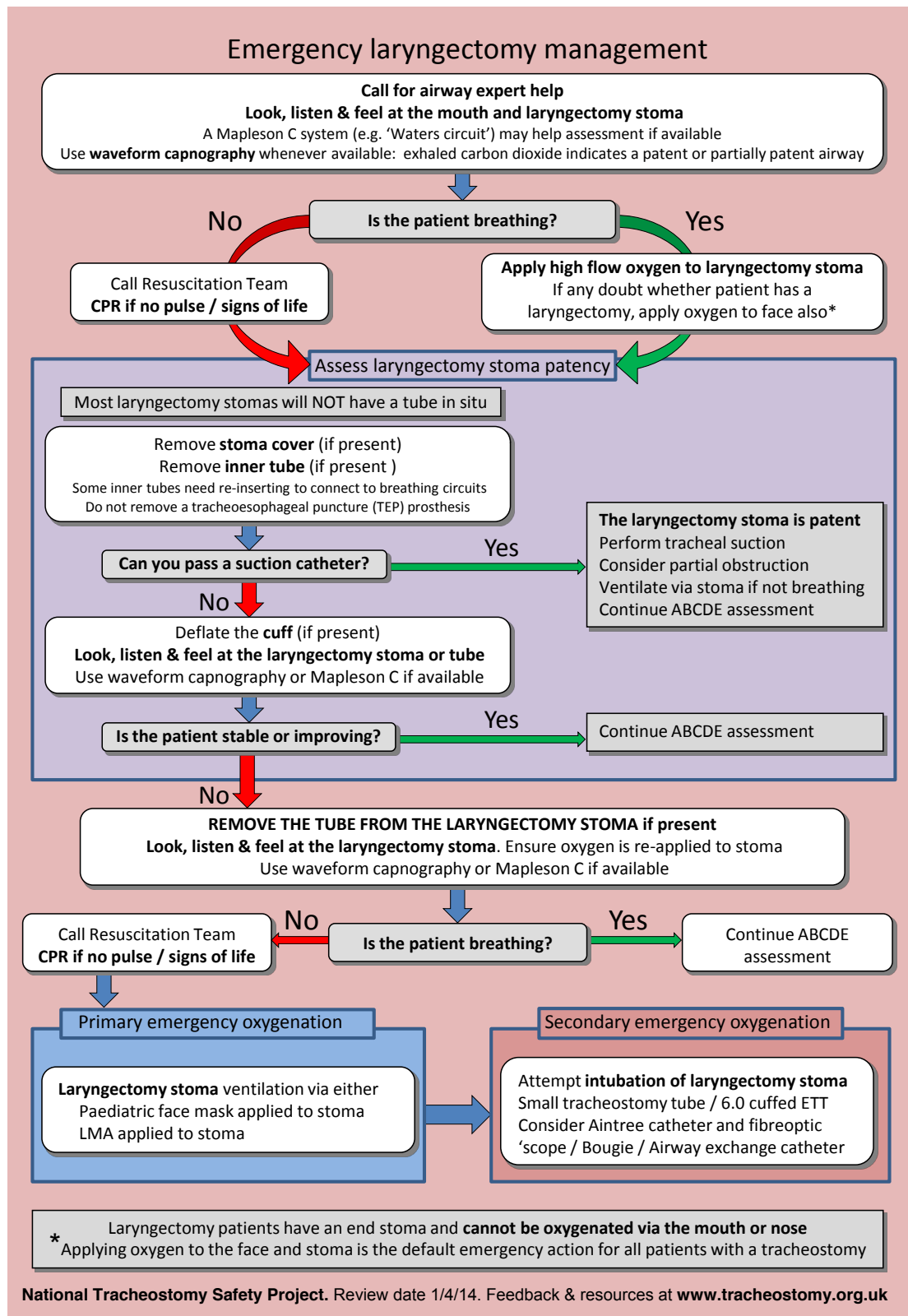
This algorithm is paired with the red bedhead sign and indicates that the patient does not have an upper airway which is connected the lungs. The principles of the algorithm are the same, without the conventional upper airway management steps described above. Patients with laryngectomies usually do not have a tracheostomy tube in situ, but may have other devices inserted into their airways, such as humidifiers or tracheo-oesophageal puncture 'TEP' valves. These devices should not be removed (see relevant section) The exclusion of the upper airway means laryngectomy patients will not obstruct their airway when laying flat on their back and aspiration of gastric contents is not a concern. In the context of cardio-pulmonary resuscitation, chest compressions will generate more significant tidal volumes owing to a reduction in dead space. Oxygen insufflation alone without ventilation may be effective if ventilation proves difficult.

A patient with a tracheostomy is more likely to come to harm by not having oxygen applied to the face if confusion surrounds the nature of the stoma. The default emergency action is to apply oxygen to the face and the stoma for all neck breathers when there is any doubt as to the nature of a stoma. Any oxygen applied to the upper airway can be removed in the case of a laryngectomy once this has been confirmed to be the case. Ventilation via laryngectomy stomas can be achieved directly using paediatric face masks or laryngeal masks applied to the anterior neck.

An interactive laryngectomy algorithm with videos highlighting key steps can be viewed at our website www.tracheostomy.org.uk.



Complications, Red Flags & Emergencies



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Comparison with previously published guidelines

The way in which the NTSP guidelines have been developed is unique. As a result, specific differences with other previous guidelines are evident. In the NTSP algorithms:

1. Waveform capnography has a prominent role at an early stage in emergency management.
2. Oxygenation of the patient is prioritised.
3. Trials of ventilation via a potentially displaced tracheostomy tube to assess patency are avoided.
4. Suction is only attempted after removing a potentially blocked inner tube.
5. Oxygen is applied to both potential airways.
6. Simple methods to oxygenate and ventilate via the stoma are described.
7. A blocked or displaced tracheostomy tube is removed as soon as this is established, not as a 'last resort'.

In addition, previous guidance for tracheostomy emergencies has generally not been published as an algorithm, making them difficult to follow in emergency situation. Where algorithms have been used, they are often complex and not easily followed when tested in simulated emergencies. No other algorithms are colour coded and none are presented paired with bedhead signs. No emergency guidance was applicable to all situations (critical care, ventilated patients, surgical vs percutaneous tracheostomy, community patients) and many offered no 'Plan B' if the initial measures failed to resolve the situation.

